Aboriginal Services & Programs
Local information and details for the Lismore area

WOMENS AND DOMESTIC VIOLENCE
SUPPORT AND AOD

Bugalma Bihyn Aboriginal Women's and Children's Refuge
Bugalma Bihyn is committed to the empowerment of women and provides Aboriginal women and children who have been living with domestic abuse and sexual assault a safe and supportive environment and emergency shelter where they can consider their options and make informed choices.
support@lawr.com.au 02 6621 5187

Aboriginal Outreach Worker and Counsellor
Provides assistance for Indigenous parents, carers and their children by offering yarning and counselling, running health and wellbeing workshops, and empowering people to make positive and healthier life choices. The worker also provides outreach and referrals to other services.
Interrelate 5 Market Street Lismore 02 6623 2750 or 0407 675 603

Aboriginal Women's Group
Provides community education regarding the effects of family violence in Aboriginal families. The group aims to an increased understanding of the cycle of domestic violence within families, its impacts on children, and what services are available for support. The group offers an opportunity to meet other women and mothers, socialise, enjoy a cuppa and a yarn or two, and have some downtime.
Child and Family Health - 37 Oliver Avenue Goonellabah - 02 6625 0111

Aboriginal Domestic Violence - Goori Community Caring for Women Project
Provides advocacy, support and referrals for ongoing assistance for Aboriginal women affected by domestic violence. So, if things aren't great at home, call and have a yarn about how the Aboriginal Support Worker might be able to support you and the kids. The service also provides community education regarding the effects of family violence and ongoing assistance for Aboriginal women affected by domestic violence.
Child and Family Health - 37 Oliver Avenue Goonellabah - 02 6625 0111

Wirringa Baiya Aboriginal Women's Legal Service
A state-wide community legal centre for Aboriginal women, children and youth, focusing on issues relating to violence. The service provides Aboriginal and Torres Strait Islander women who are victims of violence with access to appropriate legal representation and advice. This includes telephone advice and referral, community education, drop-ins and outreach.

Aboriginal and Domestic Violence Homelessness and Prevention Service
For women who are experiencing domestic and family violence and for Aboriginal people who are at risk of or experiencing homelessness. The objective of the service is to assist individuals and families to secure safe and sustainable housing through the provision of 4 core responses: Rapid re-housing / Early intervention & prevention of homelessness / Crisis & transitional housing/Intensive support to address complex needs.
OTCP  115 Dawson St and 48 Uralba St Lismore 1300 355 305 shsintake@otcp.com.au

CHILDREN AND MATERNAL HEALTH

Aboriginal Maternal and Infant Health
Provides antenatal care to Aboriginal women and women with Aboriginal partners, from early pregnancy through to 6 weeks after the birth of their baby. No referral needed, simply call the number listed here to arrange a meeting. Midwives and Aboriginal Health Workers offer outreach home-visits to the Lismore and Goonellabah area, complete anti-natal assistance, contraception advice, pre-pregnancy advice, breastfeeding support.
Lismore Community Health 1/29 Molesworth St 02 6620 7687 0418 274 747

Beanies Goorie Playgroup
Runs every Thursday 11am - 1pm during school terms and is for Aboriginal families with children 0-5 years living in the Goonellabah area. The playgroup offers a variety of children’s activities to suit a range of developmental stages, including inside and outside play, craft, art, music, games and storytelling. Beanies playgroup also provides parents with the chance to relax, talk with other parents and get support from playgroup staff and visiting health and education professionals. Lunch and transport provided.
YWCA Northern Rivers 101a Rous Rd, Goonellabah 02 6625 5809 0425 366 979
Goonellabah Transition Program
An Aboriginal-specific early learning support program for children and their families during the transition period from the home to school. Children aged from 3.5 to 5 years, identified as having developmental delays or requiring intensive support, are referred from local preschools to participate in the program which aims to provide fun, flexible and holistic activities to ensure children transition effectively to school.

Goonellabah Primary School
595 Ballina Rd, Goonellabah NSW 2480

Northern NSW Aboriginal Tenants Advice Service
Assists with Aboriginal people to access support, representation, advice, information regarding all tenancy issues. The service can help you if you are having problems with your landlord regarding: Evictions, Tenancy Agreements, Bond Claims, Repairs/Maintenance, and Residential Tenancies Tribunal issues.
1800 248 913 02 6643 4426
terryk@aboriginaltaap.com.au nswats.com.au

Jarjum Centre Preschool
Jarjum Centre is a Preschool for Indigenous and non-Indigenous children aged 3-5 years. Jarjum incorporates a variety of programs and activities into the daily curriculum. These include language and numeracy groups, Bundjalung program, Munch and Move, and Art Therapy.
4 Rifle range Rd, East Lismore 02 6621 9203

HART Aboriginal Transport Program
The HART Aboriginal Transport Program provides affordable and reliable transport services such as Individual and Medical Transport which provides a door to door service, and Group Transport for things such as funerals and community events. Community buses also connect communities and towns in and around Lismore.
37 Converys Lane Lismore www.hartservices.org.au/ 02 6628 6000

Housing & Accommodation Support Initiative (HASI)
Provides people with mental health problems with access to stable housing linked to clinical offers psychosocial rehabilitation services. HASI provides people who have mental health issues with assistance so they can maintain successful tenancies and participate in their communities. This support often results in improvements in quality of life and, most importantly, assists in their recovery from mental illness.
02 6621 5736 info@otcp.com.au

Jungalung Tribal Society
Offers long-term rental accommodation and emergency relief for electricity and food for people of Aboriginal and Torres Strait Islanders descent in the Lismore area. There is a wait-list for the longer-term housing options, however, the Society does provide student and employment accommodation for people who have had to move from another area to study or get a job.
4/38 Carrington Street 02 6621 6992

Helping Hands Indigenous Housing Support
A service for indigenous people, over the age of 18, who are homeless or at risk of becoming homeless in the Northern Rivers Region. If you have nowhere to live or will have to move out soon and have not found another place to live, the service will work with you to help you find housing you can afford or for you to stay in your current home. The service assists by providing up to 12 months case management support to you or your family, as well as by working with you on the problems that have made it hard to find or stay in your home.
Northern Rivers Community Gateway
76 Carrington St 02 6621 7397

Family Wellbeing

Brighter Futures
Provides support and services to improve the emotional, social, health and educational developmental outcomes for families and their children. The Brighter Futures Program comprises several service components: home visiting, case management, access to quality child care, parenting programs and brokerage capacity.
4/38 Carrington Street, Lismore 02 6621 6992

Gumargai Indigenous Mental Health Family Support Service
Provides support to Indigenous people 16-65 years of age and their families where there are mental health issues. There is one female and one male worker. Referrals can come through Community Mental Health or an Indigenous Case Worker.
6 Industry Drive, East Lismore 02 6626 0013
Rekindling the Spirit

Offers services directly to Aboriginal men, women and families that relieve poverty, distress, sickness, destitution, trans-generation trauma and other misfortunes. Programs aim to support Indigenous men and women to find their own path of empowerment though spiritual, emotional, sexual and physical healing. The service offers a family-based approach that mixes traditional healing with contemporary counselling for individuals, groups and couples, men’s group, women’s group, camps and retreats, and advocacy and support.

25 Uralba St, Lismore 02 6622 5534
www.rekindlingthespirit.org.au

Gurgan Bulahnggelah Aboriginal Health (Jullums)

A bulk billing service for people of Aboriginal and Torres Strait Islander descent who live within Lismore and surrounding areas. Jullums provides medical and general health services for children, young people and adults. Aboriginal health workers provide services in the following areas: diabetes, doctor, eye clinic, psychologist, women’s health, hearing clinic, psychiatrist, maternal health clinic, healthy kids check up. The services also provides health promotion and education, liaison and consultation, information, advice and support, hearing screening, and referral for patients and families to appropriate services.

51 Uralba St Lismore 02 6621 4366
enquiries@gurgun.com.au  www.gurgun.com.au

Mijung Jarjums Kids in Mind - Aboriginal Wellbeing

An early intervention service, designed to support children and young people in the very early stages of experiencing mental health difficulty, to support and build resilience and emotional well being. Eligible participants are children and young people ages 0-18 years who are showing early signs of, or are at risk of developing mental illness and their families and carers within the Richmond Valley and Hinterland area. The service can provide flexible, responsive, non-clinical mental health support such as group work, counselling, long term case management and practical support.

Social Futures 16 Keen Street Lismore 2480 0266201800 contact@socialfutures.org.au

Namatjira Haven Drug and Alcohol

Provides residential programs designed for Aboriginal men aged 18 years + and is intended to provide education and support towards addressing the issues of substance misuse and related harms such as criminality, and to improve health and wellbeing. With the support of experienced staff the Haven offers a compassionate and culturally focused professional program of change, centered on self responsibility to achieve your goals in healing. Namatjira Haven is an independent Aboriginal Community Controlled Organisation.

108 Whites Lane, Alstonville 02 6628 1098
admin@namatjirahaven.com

Warruwi Gambling Help

If you or someone close to you is running into trouble because of gambling, Warruwi can help. And they keep your information completely confidential. Call the free helpline and have a yarn: 1800 752 948. Warruwi also run workshops and can come to your community to lend a hand. To find out more about workshops please call: 02 6621 7397. The Northern Rivers Community Gateway will be delivering this program on the Far North Coast, Mid North Coast and New England areas. To schedule an appointment with a Financial Counsellor please call 02 6621 7397

1800 752 948 reception@lnci.org.au
Ngunya Jarjum Aboriginal Child & Family Network

Provides services for Aboriginal and Torres Strait Islander children requiring Out-of-Home Care. The organisation delivers programs that ensures the children’s safety, welfare and well-being. Ngunya Jarjum also recruits, trains and supports Aboriginal foster carers from throughout the Far North Coast to care for children placed with our service. Programs include culturally appropriate voluntary care, crisis, short-term and long-term out of home care.

180 Molesworth St
02 6626 3700  www.ngunyajarjum.com

Aboriginal Statewide Foster Care Support Service

Provides a free telephone advice and advocacy service for the carers of Aboriginal children. The organisation also coordinates the Aboriginal Intensive Family Based Service which offers an intensive level of casework and a broad spectrum of support services to families in crisis, for a period of up to 12 months. The service is targeted at children who are at imminent risk of removal from their families, but where an assessment is made that there is a reasonable prospect of improvement within the family with the right support.

1800 888 698 or 02 9559 5299
admin@absec.org.au  www.absec.org.au

HIPPY - Home Interaction Program For Parents And Youngsters

A home-based early learning and parenting program for families with young children. HIPPY is a voluntary program to support Aboriginal parents to be their child’s first teacher and the children to be school ready. HIPPY families spend around 10 to 15 minutes a day, five days a week, doing educational activities together. Home tutors schedule regular weekly or fortnightly visits with parents to work through the program activities in the family’s home. Parents are also encouraged to participate in regular parent group meetings.

101a Rous Road Goonellabah
sandrah@ywicansw.com.au  02 6625 5800