

Drug and Alcohol Services

Local information and details for the Lismore area



Drug and Alcohol Services

Alcoholics Anonymous

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. The service's primary purpose is to help individuals stay sober and help other alcoholics to achieve sobriety. Follow this link to find out where and when meetings are held in and around Lismore <http://aameetings.org.au/find?near=Lismore,+NSW>

www.aa.org.au 1300 222 222 02 6686 8599

Narcotics Anonymous

Narcotics Anonymous is a nonprofit support network of men and women for whom drugs has become a major problem. It is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. There are no strings attached to NA. There are no initiation fees or dues, no pledges to sign, no promises to make to anyone. For local meeting times and places, visit http://na.org.au/index.php?option=com_content&view=article&id=174:nsw-far-north-coast&catid=55&Itemid=226&lang=en

option=com_content&view=article&id=174:nsw-far-north-coast&catid=55&Itemid=226&lang=en

www.na.org.au 1300 652 820 02 6687 2290

Riverlands Drug and Alcohol Centre

A purpose built multifunctional drug and alcohol treatment centre comprising a 16 bed detoxification unit, pharmacotherapy clinic (methadone & buprenorphine), clinical liaison and outpatient services and an educational and training facility. Riverlands' has fully equipped meeting and function facilities which can be utilised for therapy groups, meetings and staff training. Riverlands offers information and counselling for people with substance abuse issues; a residential detox program; and MUMS (mothers using methadone and/or other substances) program for pregnant women who are in methadone treatment or who use alcohol and other drugs.

Cnr Hunter and Uralba Streets 02 6620 7600

The Buttery's Drug and Alcohol Program

The Buttery specialises in rehabilitation and outreach services for the treatment of alcohol and other drug misuse and problem gambling. The service offers a long-term residential rehabilitation program, as well as the Maintenance To Abstinence rehab and residential program for people currently being maintained on opioid substitutes. The community outreach services include INTRA for adults and teenagers with drug and alcohol abuse problems; B.Well outreach for teenagers and adults with mental illness and substance abuse issues; Recovery Partners for people with long-term mental health issues; and a free Family Counselling service for family.

info@buttery.org.au

02 6687 1111

Namatjira Haven Healing Centre

Namatjira Haven provides residential programs designed for Aboriginal men aged 18 years + and is intended to provide education and support towards addressing the issues of substance misuse and related harms such as criminality, as well as to improve health and wellbeing. With the support of experienced staff the Haven offers a compassionate and culturally focused professional program of change, centered on self-responsibility to achieve goals in healing. Namatjira Haven is an independent Aboriginal Community Controlled Organisation.

**108 Whites Lane Alstonville
admin@namatjirahaven.com**

02 6628 1098





Youth Drug and Alcohol Services

Intra Youth Service Drug and Alcohol Outreach

Intra youth service offers an outreach service for young people from 12 to 24 years of age. Even if you are younger than 12, Intra still invites you to call to discuss how they may be able to assist you. A counsellor can meet you where you feel most comfortable and chat about addressing any drug and alcohol issues you may have. The service offers both 1-on-1 and group counselling.

info@intra.org.au

02 6687 2835

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info@intra.org.au

02 6687 2835

Getting it Together Program

The program provides intensive support and case management to 12-18 year olds with alcohol and/or other drug misuse issues. The program aims to reduce alcohol and other drug misuse and help young people find opportunities for positive change in their life by: the creation of ongoing positive family and community relationships; building self esteem, personal growth and life skills; addressing personal issues and health problems; and connecting young people to specialist services

Social Futures 16 Keen Street
contact@socialfutures.org.au

0438 012 677
0417 026 585

Online and Phone Support Services

Your Room 24hr Hotline/Online Service

You can call ADIS any time of the day or week for support, information, advice, crisis counselling and referral to services in NSW. ADIS counsellors understand the difficulties of finding appropriate drug and alcohol treatment and use their knowledge and experience to assist you. This is a free 24 hours, 7 days a week. The Your Room website also offers information about alcohol and a wide range of drugs, how they can affect people, side effects, withdrawal, and how to get help for yourself or for anyone else who needs it.

yourroom.com.au

1800 422 599

Drug and Alcohol Counselling Online & Helpline

Counselling Online aims to improve community access to drug treatment and referral services, particularly in rural and regional areas. The service is free and available 24 hours a day, seven days a week. The service offers online, text-based and free call counselling to alcohol and other drug users, and others affected by alcohol and drug use in the community, including family members, relatives and friends.

www.counsellingonline.org.au **1800 888 236**

Services for Children Affected by Parental Drug Use

Mirabel Foundation

MF is the only organisation in Australia addressing the needs of children who have been orphaned or abandoned due to parental drug use. The organisation supports children aged 0-17 years and works at restoring a child's sense of self-worth, belonging and hope in order for them to reach their full potential as young adults. Mirabel provides advocacy, referral, practical and emotional assistance to the children and their kinship carers. Programs include therapeutic groups, recreation programs, youth support, education, family camps, respite, and carer support groups.

www.mirabelfoundation.org.au **03 9527 9422**
mirabel@mirabelfoundation.org.au