

Disability Support Services

Local information and details for the Lismore area

DISABILITY ORGANISATIONS

Ability Links

Support people with disability, their families and carers by providing them with a locally based first point of contact to access supports and services in the local community. Coordinators, or "Linkers", work with people with disability who are aged 9 to 64 years, their families and carers to help them plan for their future, build on their strengths and skills, and develop networks in their own communities so they can do what they want with their lives. No formal diagnosis or a referral is required.

Social Futures 16 Keen Street Lismore
contact@fncabilitylinks.org.au 1300 792 940

Ageing Disability and Home Care (ADHC)

Provides a range of services, programs and resources to support people with a disability, particularly home services for people of all ages and abilities who would like to receive extra support to get the most out of life. Call the number listed here to organise an intake meeting. If you are unsure, it's best to just call the number and see if they can assist.

Level 5 23 Molesworth Lismore
1300 881 144

Northcott

A disability service provider with more than 85 years of experience and expertise in delivering personalised and dynamic support. Programs focus on helping kids and adults to learn everyday skills, overcome behavioural challenges, make friends, be independent, get a job and much more. Services include coordination of support, early links, housing and supported independent living, out of school care, person-centred behaviour support, preschool disability support, in home and community supports and much more.

26 Molesworth St Lismore 02 6627 5000
northcott@northcott.com.au 1800 818 286

Magenta Community Services

A family run organisation providing individual and family disability support services, facilitation of engaging complementary supports and overall opportunities for local community collaboration and partnerships. MCS provides individuals and their families with direct services as well as facilitating programs and services within the community.

22 Rous Road Goonellabah
02 662457351 or 042 377 780
info@mcsnsw.com.au

House with no Steps

HWNS is dedicated to ensuring people with a disability have greater choice, control, and freedom. provide diverse range of services directed at specific age groups including Children 0-10 / Teenagers 11-18 / Adults 18+ / Respite and Carer Support. The programs include early childhood development initiatives, support for teens to build confidence, and life skills, assistance for adults to live independently and to work to the best of their ability.

Summerland House 1300 538 746
53 Wardell Road Alstonville

Realising Every Dream Incorporated (RED Inc)

A disability services and support organisation delivering programs for young people with disabilities to ensure that they are valued and respected community members who experience the full range of life opportunities and choices. RED Inc offers a wide range of social and recreation activities, creative arts programs, activities to build life and work readiness skills, training programs, community activities and more.

87 Magellan St Lismore
02 6622 3400

Challenge Community Services

Challenge Community Services is a disability service provider with nearly 60 years experience of delivering high quality programs throughout NSW. Services include a range of general supports for people with a disability such as group homes and respite services and self-managed packages; businesses that provide training and employment for people with a disability foster care, respite and other services for children with a disability; and therapeutic services delivered by qualified clinicians.

70 Carrington St 5698 1900

CASPA Child and Adolescent Specialist Programs and Accommodation

CASPA provides foster care services, residential care services for children and young people who cannot live at their family home, as well as a range of family supports including respite recovery, mentoring, semi independent living programs, community care and leaving care programs, supervised contact programs and early intervention activities.

17 Keen St Lismore 02 6627 3700

St Carthage's Community Care

Provides a range of support services for adults and children with a disability including wellbeing programs, respite, social support, support planning, life skills, life stage transition support and group activities. The organisation is passionate about using respite as an opportunity for children, adolescents and adults to gain confidence, language skills, and social skills while learning to participate in activities independent of their families.

3 Jubilee Ave Goonellabah 1300 761 833

Multitask

Multitask aims to increase the independence of people with disabilities and support them to make informed choices. The organisation provides a range of services for children, teens and adults, as well as delivering lifestyle programs, employment pathways, and accommodation services. For full details on the services and programs provided, call the number listed here or visit the Multitask website.

296 Molesworth St, East 02 02 6627 5000

New Horizons

Supports people with physical and intellectual disabilities to achieve their goals and enhance their wellbeing. The organisation offers a diverse range of services and supports in your own home or in one of its specialist properties including support to complete daily living activities; support to remain autonomous in your own home or to find, secure and maintain accommodation; and advice and planning for every stage of your support through planning, assessing and purchasing, including support coordination.

**6 Industry Dr, East Lismore
1300 761 833 or 6620 0000**

Ability Incorporated Disability Advocacy

Ability Inc advocates and supports people with disability, their families and carers. It aims to protect, promote and advance the rights of people with disability. It is a free and confidential service. Any person with a disability, family member or carer whose fundamental needs are not being met can access the service. Services include accessing advocacy, individual advocacy, self advocacy and family advocacy support, such as support with meetings, non-legal support, complaints, financial and guardianship issues.

**3/106 Main Street, Alstonville 02 6628 8188
admin@abilityincorporated.org.au**

ASPECT Far North Coast Centre for Autism

Aspect Northern NSW is based in Alstonville and offers specialist information and support services for people on the autism spectrum and their families. All services are evidence-informed, based on the latest available research, and on nearly 50 years of experience working with people living on the spectrum and their families. The organisation provides the following services throughout Northern NSW: Early Intervention, Specialist Therapy Services, Early Childhood Development Program, Positive Behavioural Support, Training, Workshops and Events, and Autism Advisors.

**23 Commercial Rd Alstonville
02 6628 3660 1800 277 328**

Intellectual Disability Rights Service

A specialist legal advocacy service for people with intellectual disability. Services include free legal advice and advocacy, assistance with court appearances and with navigating the judicial system, and general education and information services.

1800 666 611

info@idrs.org.au

BABIES AND CHILDREN

Summerland Early Childhood Intervention

The centre provides education and intervention services for children (birth to school age) with a disability and/or developmental delay and those who are at risk of developmental delay. You need to book an appointment for an assessment. After assessment children who qualify are offered weekly educational group based on play with input from teachers, a speech pathologist and physiotherapist.

02 6621 6421

0428 003 173

Safe Start

Safe Start is a service for families who may need extra support during pregnancy or after the baby is born (until the baby is 2yrs old), including assistance for babies with a disability. To find out more about this service and to see if you're eligible contact your midwife at the hospital maternity unit, or the child and family health nurse.

<http://www.keepthemsafe.nsw.gov.au/>

Network Development Project - Disability Support

The Network Development Project helps to improve the lives of children living with a disability by helping to build capacity, foster creativity, engage social inclusion for families with children who are living with a disability. This service is accessible to all families living in Ballina, Lismore, Casino or Kyogle who have a child aged 0-15 years with any kind of disability.

Social Futures 16 Keen Street Lismore

0419 661 306 pip.rose@socialfutures.org.au

DISABILITY CARERS

Together: Support Groups for Carers

Online interactive resource for people seeking support groups in their area. The Together program provides opportunities for existing and new support groups (for carers of people with a disability) to be linked in with each other and an organisation to receive some assistance.

1800242636

Aspect Autism Advisor

Assists families to take their next step by providing information, access to funding and support to make their own decisions. It helps families and carers of children aged 0 to 6 years, who are diagnosed with an autism spectrum disorder.

1800 277 328

customerservice@autismspectrum.org.au

My Time - Supported Playgroup

MyTime playgroups provide support for mothers, fathers, grandparents and anyone caring for a child with a disability or chronic medical condition 0-16 years. Operates Wednesdays at 9:30am.

Summerland Early Childhood Intervention

02 6621 6421

1800 171 882

Young Carers NSW

Young Carers NSW has an exclusive focus on supporting and advocating for all carers in NSW. Young carers are children and young people, 25 years or under, who help to support a family member or friend who has a disability. This service can link young carers with a range of free activities and support. It also offers an online discussion board where you can meet up with other young carers. Similarly, if you would like to have a talk with someone you can call the number listed here.

1800 242 636

yc@carersnsw.org.au

Far North Coast Respite & Carelink Centre

Provides information on respite options, coordinates access to respite and other support services for carers in need of a break from their caring role. The Centre staff can assist carers with organising respite at home, in a community setting or booking respite in an aged care facility. It also provide a 24 hour on call service for carers who have a crisis or emergency outside the normal office hours and need someone to take over the caring role for a short period of time. .

Shop 34, Alstonville Plaza, Alstonville 2477
1800 052 222 carer@crccfnc.org

DISABILITY PROGRAMS

Dragonites - Vacation Program

A Vacation Care program aimed at assisting teenagers with disabilities. The activity provides quality outside school hours care for students, aged 12 to 18 with a disability, and offers their parents and carers time to work or participate in the community. The program is delivered at the Lismore Public School. Its is flexible and provides appropriate care, develops social, recreational and life skills, and offers developmental activities that are stimulating and age appropriate.

Northern Rivers Community Gateway
76 Carrington Street Lismore 2480
02 6621 73 7 reception@nrcg.org.au

Richmond Care Choices

Provides short-term case management for people with a disability. The program can organise services that can help to increase independence and improve quality of life at home and in the community. The program can also help people with a disability and their carers and family understand and plan for the National Disability Insurance Scheme. Access is available for any person living at home with ongoing disability, and their carers.

Social Futures 16 Keen Street Lismore
contact@socialfutures.org.au 02 6620 1800

OTCP Disability Programs

Provides innovative and appropriate 24-hour care and support solutions for people to live in the community. OTCP programs aim to provide quality support services to people with a range of intellectual, physical and developmental disabilities. On Track provides a range of supported accommodation models, within community settings, to meet the needs of each person.

On Track Community Programs
115 Dawson St and 48 Uralba St Lismore
02 6621 5736

EnableNSW

EnableNSW provides aids and equipment such as wheelchairs, ventilators, prosthetic limbs and consumable items for people living with disability or chronic health conditions. The program also delivers the Isolated Patients Transport and Accommodation Assistance Scheme. This is a an initiative designed to help with the financial assistance towards travel and accommodation costs when a patient needs to travel lengthy distances for specialist medical treatment that is not available locally.

1800 362 253 enable@health.nsw.gov.au

DAISI - Disability & Aged Information Service

DAISI is a free confidential service providing information on services and supports available to assist the aged and those of all ages with a disability and their families, carers and advocates.

Shop 3 166 River Street Ballina
info@daisi.asn.au 02 6686 7887

Can Go Everywhere

Can Go Everywhere provides a service for all those who are physically challenged and differently able who want to go travelling. This website helps you make an informed decision about your next holiday by giving you information on what's accessible where you want to go. You can also join the CanGo 'family' by sharing online where you've been and what you've done.

cangoeverywhere.com.au