

Recipes for Fun

(craft for kids)

Stating things in a positive way gets their heads thinking in the right direction.

Long Lasting Play Dough Recipe!

Ingredients: 1 cup flour, 1/2 cup salt, 1/2 cup water, 1/2 cup oil, 1/2 cup vinegar, 1/2 cup cream of tartar, 1/2 cup borax, 1/2 cup food coloring.

Instructions: In a large bowl, mix together flour, salt, and cream of tartar. In another bowl, mix together water, oil, vinegar, and food coloring. In a third bowl, mix together borax and water. Add the borax solution to the water mixture and stir. Add the flour mixture to the water mixture and stir until smooth. Knead the dough for 10 minutes.

Encourage your little artist by teaching them painting, drawing, scrapbooking, photography and more. Don't forget art supplies; patterns, paints, easel!

Homemade Silly Putty

Ingredients: 1/2 cup water, 1 cup cornflour, food coloring.

Instructions: In a large bowl, mix together water and cornflour until smooth. Add food coloring and stir. Play with goop on a plastic covered surface or on newspaper.

Goopy Goop

Ingredients: 1/2 cup water, 1 cup cornflour, food coloring.

Instructions: In a large bowl, mix together water and cornflour until smooth. Add food coloring and stir. Play with goop on a plastic covered surface or on newspaper.

Finger Paint

Ingredients: 1/2 cup water, 1 cup cornflour, food coloring.

Instructions: In a large bowl, mix together water and cornflour until smooth. Add food coloring and stir. Play with goop on a plastic covered surface or on newspaper.



Paper crafts are some of the easiest craft activities you can do with your kids. All you need are some basic craft supplies – paper, scissors, glue and textas – and you are good to go!

Homemade Glitter / Coloured Salt

3 tablespoons of salt

(Coarse or rock salt works best

2-3 drops of food colouring.

Place the salt in a sandwich bag or sealable bag. Add more than one food colouring to make various colours. Seal the bag and use your fingers to move the salt around. Keep the bag open, let it dry (usually takes a couple of hours

If using table salt, place “glitter” in salt shakers. If you use coarse or rock salt, have your child spoon it onto the glue or sprinkle with fingers.



Want more information?

g'dch

Department for Education and Child Development website with lots of ideas and activities to do with children to make the most of everyday learning opportunities www.greatstart.edu.au

YU

Provides free packs of books for babies and toddlers – available from libraries and the Child and Family Health Service. The website has free Activity Time and Learning Time sheets to complement books and e-books to read online www.thelittlebigbookclub.com.au

h'6

Information for dads about reading with children www.dadsread.org.au

UX

Supports families to share words, rhymes, songs, books and stories with children www.letsread.com.au

h'Y

Phone 1300 364 100
For advice on child health and parenting
Child and Family Health Centre: Tel 02 6625 0111 9am–4:30pm, Monday to Friday to make an appointment.

Yd'by

www.raisingchildren.net.au
For information on raising children, including information for grandparents raising grandchildren.

www.families.nsw.gov.au

Various resources to help parents at any stage in life.